

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

"O you who have believed, when you rise to [perform] prayer, wash your faces and your forearms to the elbows and wipe over your heads and wash your feet to the ankles..."

— Surah Al-Ma'idah (5:6)

Step-by-Step guide for Ablution

By Alif Institute of Islamic Education



THE IMPORTANCE OF WUDU'

The Prophet Muhammad (Peace be upon him) said: "Salah (prayer) of anyone of you who has invalidated his purification is not accepted unless he makes wudu. (Bukhari)

THE VIRTUES OF WUDU'

The Prophet Muhammad (Peace be upon him) said: "When the Muslim or believing servant performs ablution and washes his face, each sin he has committed by his eyes washes away with the water. When he washes his hands, each sin his hands have committed washes away with the water - or with the last drop of water until he becomes free of sin." (Malik and others).

BEFORE DOING WUDU'

- Go to the toilet first (if required). You should use the toilet and then wash the private parts before performing wudu.
- It is good practice to clean the teeth with Miswak (tooth-stick) or a toothbrush before performing wudu'as taught by the Prophet Muhammad (peace be upon him).
- Before starting the actions of wudu'it is necessary to make your intention of washing is for the purpose of wudu' only.

PURIFICATION AND CLEANLINESS - TAHAARAH

Purification is a very important matter in Islam. One must purify their intention for Allah alone and purify their bodies and clothes before beginning the Prayer. Hygiene and cleanliness are very important aspects of a Muslim's life. One must ensure that their bodies, clothing and place of prayer is free from impurities such as urine, faeces and any other impure substances. After going to the toilet, it is compulsory to wash the private parts with water if it is available and does not cause harm (due to injury for example).

It is obligatory to have a full shower known as Ghusl after intimate relations between the husband and wife, after ejaculation by the man (due to a wet dream, for example), and upon completion of a woman's menses or post-natal bleeding.

INTENTION – NIYYAH

All actions in Islam require a clear intention before performing the act, with the action to be performed purely for the sake of Allah.

The place of the intention is the heart.

In the Glorious
Quran, Allah ﷻ
states

“Truly, Allah
loves those who
turn unto Him in
repentance and
He loves those
who purify
themselves” (Al-
Baqarah: 222)

The Prophet ﷺ
said:

“Actions are only
by intentions
and every
man has only
that which he
intended ...”

ABLUTION – WUDU’



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BEFORE DOING WUDU'

- ① Go to the toilet first (if required). You should use the toilet and then wash the private parts before performing wudu'.
- ② It is good practice to clean the teeth with siwak (tooth-stick) or a toothbrush before performing wudu' as taught by the Prophet Muhammad ﷺ.
- ③ Before starting the actions of wudu' it is necessary to make your intention of washing is for the purpose of wudu' only.

HOW TO PERFORM WUDU' (STEP-BY-STEP)

THE FOLLOWING STEPS MUST BE OBSERVED IN ORDER (TARTEEB).

STEP 1



BEFORE WUDU' Intention of making wudu' should be done in the heart, then say:

Bismillah

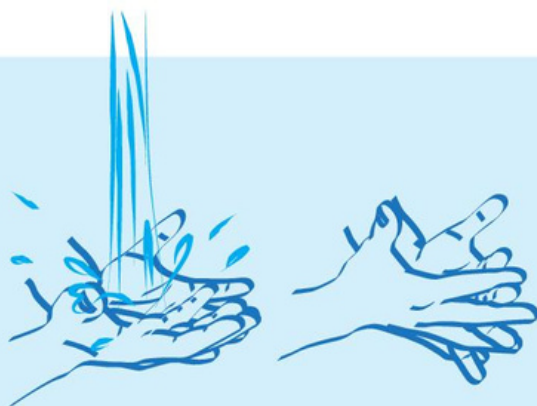
In the name of Allah

بِسْمِ اللَّهِ

STEP 2

x3

Completely washing the hands including the wrists and between the fingers (3 times).



STEP 3



x3

Rinse the mouth (3 times).
Using the right hand put a small amount of water into the mouth, swirl around, then expel.

STEP 4



x3

Sniff water into the nostrils as far as possible with the right hand, and then sniff it out with left hand (3 times).

STEP 5



x3

Wash the face from forehead to chin, left earlobe to the right earlobe making sure the whole face is washed (3 times).

STEP 6

x3

Wash the two arms up to and including the elbows, hand and between the fingers. Begin with the right arm (3 times for each arm).



STEP 7

x1

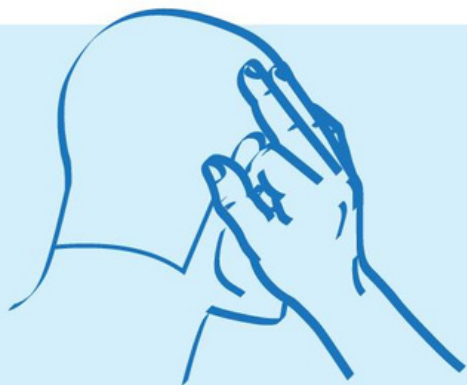
Wipe the head with wet fingers starting at the fringe to the back hairline and back the same way all in one movement. (once only)



STEP 8

x1

Simultaneously wipe the insides of both ears with index finger, and the back of the ears with the thumbs (once only).



STEP 9

x3

Wash the feet including the ankles and between the toes.
Begin with the right foot.
(3 times for each foot).

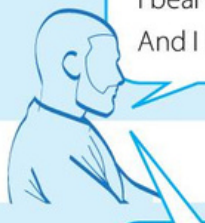


STEP 10

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu anllaa ilaaha illallaah wa ash-hadu anna Muhammadan 'abduhu wa rasooluh

I bear witness that there is no God worthy of worship except Allah.
And I bear witness that Muhammad is His slave and Messenger



اَللّٰهُمَّ اجْعَلْنِي مِنَ التَّوَّابِيْنَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِيْنَ

Allahuma ij-'alnee minat-tawabeen waj-'alnee minal-mutatahireen

Oh Allah, make me among those who turn in repentance to you
and make me among those who purify themselves

The Prophet Muhammad ﷺ said: "Whoever performs Wudu' well then says, (the mentioned supplication); the eight gates of Paradise will be opened for him to enter through any one he wills."
(Muslim)

AL-MASAH (WIPING)

Wiping over thick socks with wet hands instead of washing the feet is allowed, provided that the socks have been put on after performing an ablution, including washing the feet. This is allowed for 24 hours from the time of ablution, and for 3 days if the person is on a journey. After this time the feet must be washed.

Similarly if there is a wound in any parts of the body which has to be washed in ablution, and if washing that particular part is likely to cause harm, it is permissible to wipe the dressing of the wound with a wet hand.

ACTIONS THAT NULLIFY WUDU'

1. Passing wind.
2. Passing urine or faeces
3. Full mouth vomiting
4. Flowing of blood or pus from any part of the body.
5. Deep sleep, whereby one loses awareness.
6. Unconsciousness or intoxication
7. Touching the private parts with the hand and fingers without a barrier.
8. Intimate relations between husband and wife (Madhi, Wadi and Mani)

If a person forgets whether they have nullified their wudu' or not, then this does NOT nullify their ablution, regardless of whether the person is praying or not, until they are certain that they have nullified their ablution.

Note:

A menstruating or post natal woman must not pray as long as blood is visible and her missed prayers do not have to be made up.

Congratulations!

You've Learned the Steps of Wudu. Now Deepen Your Connection with the Quran

Wudu is the first step toward spiritual purity — and the Quran is the next.

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